

The 10 Demandments

10 rules to live by to insure unhappiness in a relationship

1. Thou shalt make me happy.
2. Thou shalt not have any interests other than me.
3. Thou shalt know what I want and what I feel without me having to say.
4. Thou shalt return each one of my sacrifices with an equal or greater sacrifice.
5. Thou shalt shield me from anxiety, worry, hurt or any pain.
6. Thou shalt give me my sense of self-worth and esteem.
7. Thou shalt be grateful for everything I do.
8. Thou shalt not be critical of me, show anger toward me or otherwise disapprove of anything I do.
9. Thou shalt be so caring and loving that I need never take risks or be vulnerable in any way.
10. Thou shalt love me with thy whole heart, thy whole soul and thy whole mind, even if I do not love myself.